

STAR Academy

April / May Classes (Castle Downs Arena)

STAR Academy is an accelerated *Learn to Figure Skate* program designed for skaters progressing from CanSkate. This program provides structured training to develop fundamental figure skating skills in a dynamic and supportive environment.

Program Requirements:

- Skaters must participate at least **two days per week** (three days recommended).
- Fees cover all **on-ice and off-ice sessions** as outlined in the schedule.

April/May SCHEDULE/ Castle Downs Arena

| MONDAYS | TUESDAYS | THURSDAYS |
|---|---|---|
| 5:30-6:00pm Off-ice 6:15-7:00pm On-ice | 4:30-5:00pm Off-ice 5:15-6:00pm On-ice | 5:00-5:45pm On-ice 6:00-6:30pm Off-ice |

| DAY | TIMES | DATES | NOTES |
|---|--------------|-------------------------------------|-------|
| Mondays | 5:30-7:00pm | March 30, April 6,13,20,27 May 4,11 | |
| Tuesdays | 4:30--6:00pm | March 31, April 7,14,21,28 May 5,12 | |
| Thursdays | 5:00-6:30pm | April 9,16,23,30 May 7,14 | |
| \$240 (pick any 2 days) -get the 3 rd day FREE | | | |

Spring Fundraising Requirements (April/May)

- 1 Bingo (\$75 value) is required.
- A buyout option is available (*please contact Michelle for details*).

Program Highlights

- Includes supervised individual practice time
- Off-ice training: Skaters must bring running shoes
- Helmet Requirement: Helmets are still mandatory for all skaters

Registration Details • In-Person Registration Only – Please see Michelle (Office Manager) .

- If you have an account and credit card on file, registration can also be completed via email at infoflightway@gmail.com

STAR Group

April / May Classes (Castle Downs Arena)

STAR Group is the next step after STAR Academy, designed for skaters who can manage independent practice time. This program introduces **more challenging skills** and provides a structured progression path in figure skating.

April/May SCHEDULE/ Castle Downs Arena

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Registration Details • In-Person Registration Only – Please see Michelle (Office Manager)

for complete details.

- If you have an account and credit card on file, registration can also be completed via email at info@liteway@gmail.com